

# GAZY BROTHERS FARM CSA

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## 2020 CSA PRICE LIST & SIGN UP INFO

PRICES EFFECTIVE THROUGH IUNE 1, 2020

Please make check payable to: **GAZY BROTHER5 FARM** 

#### WHAT IS A CSA? HOW DOES IT WORK?

Our CSA (Community Supported Agriculture) is a program where we offer subscriptions of weekly seasonal produce to customers. By participating in our CSA, you become more committed to supporting local farms by supplying income to our farm in the beginning of the season when seeds and other materials are purchased and utilized months before a crop is harvested.

"In season" is what our CSA is all about. The grocery store knows no seasons. Sure, you can buy a tomato in January. That tomato was picked green weeks ago and 2000 miles away, then blasted with ethylene gas to make it red just before it landed in the produce section of the store. What we have gained in convenience, we have lost in flavor, freshness, nutritional value, and connection, both to each other and the land. When you subscribe to our CSA, however, you remake all those connections.

Our CSA provides more than just food, it offers ways for our customers to become involved in the ecological and human community that supports the farm. Our farm offers produce subscriptions, where you can purchase a season of fresh fruits, vegetables, and herbs.

#### SEASON DESCRIPTION & DATES

SPRING - Sign up deadline February 15

5-6 items per week. Greens, herbs, cherry tomatoes in June, spring greenhouse veggies, asparagus, others possible. 8 weeks, starting in May.

1 box per week - \$160, 2 boxes per week - \$300.

\$50 delivery if applicable per address for the spring season.

Strawberries: \$45/2 quarts per week for 3 weeks in June.

Mother's Day Options

12" Hanging Basket: delivered the week before Mother's Day. \$25 each or 5 for \$100. Fruit & Flowers: 1 fruit & flower share, 10 weeks starting week 3 of summer. \$200

SUMMER – Sign up deadline April 1

8-9 items per box per week. A wide mix of veggies offered during the main growing season. 12 weeks,

1 box per week - \$300, 2 boxes per week - \$550.

\$70 delivery per address for the summer season.

Fruit: (vegetable share required for delivery): 12wks, 8-12pcs of fruit per week \$100

Flowers: 10 weeks, 1 bouquet per week \$100

FALL - Sign up deadline September 1

5-6 items per week. Greens, stored roots, winter squashes, apples, herbs. 9 weeks.

ı box per week – \$180, 2 boxes per week – \$340.

\$55 delivery per address for the fall season.

Homemade Wreath: one 16" wreath delivered the week after Thanksgiving, \$25.

Prices effective through June 1, 2020..

### 2020 CSA ORDER FORM

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Prices effective through June 1, 2020..

#### **About Our Farm**

Gazy Brothers Farm is going on its fourth generation of farming. Established in 1918, Grandpa and Grandma Gazy purchased their farm in Oxford. At that time, they raised the freshest vegetables sold at local grocery stores and delis.

Today, brothers Ed and Pete Gazy run the 80-acre farm with the help of their brother, Tony, Ed's wife, Alexis, and their four children, Dominic, Roseanne, Nicholas, and Albert.

The Gazys currently produce approximately 30ish acres of fresh vegetables, herbs, and flowers at the farm and on neighbors' properties. Ed, family, and friends also keep busy by working up to 200 acres of hay annually. Our CSA (Community Supported Agriculture) is now in its fifteenth season.

Our produce is not organic, however, it is grown using an integrated pest management system, which reduces the amount of fertilizers, pesticides, and other chemicals used to ensure healthy plants and flavorful vegetables.

Although we do not grow most fruits, we have included the option of a fruit share, supplied by the freshest, highest quality fruit for your convenience and enjoyment. The fruit you receive is grown on partnering farms in Deep River, Ellington, Glastonbury, Wallingford, depending on product variety and availability.

#### What it is IPM?

We raise our produce using a process called integrated pest management (or IPM). Integrated pest management has several parts.

The first part is identifying which pests we're going to be fighting (weeds, insects, and fungi). From there, we determine an acceptable level of pests - the emphasis being on control, rather than complete eradication. We then monitor pest levels and based on the previously determined acceptable level, we decide what steps need to be taken.

We do our best to prevent pests of all varieties before they become a problem.

For example, in the spring, we use plastic mulch to reduce weeds coming up, then we remove the weeds by hand or mechanically. Our last line of defense would be to spray an herbicide, as these can also injure the crop and slow harvest by five to ten days.

Our belief is that IPM is an effective and environmentally sensitive approach, which allows us to manage pest damage by the most economical means, and with the least possible harm to people and the environment. Organic food production applies many of the same concepts as IPM, but limits the use of pesticides to those that are produced from natural sources, as opposed to synthetic chemicals.